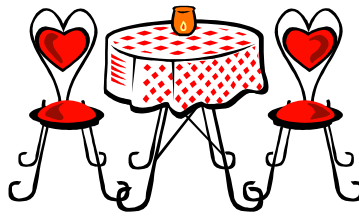
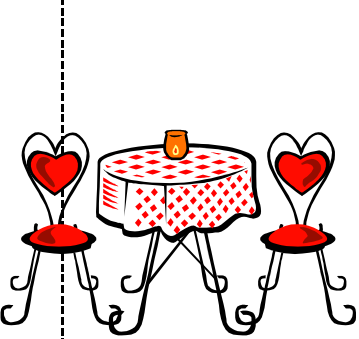


Caregiver Café



RECIPE FOR TODAY

Ingredients

Cup of Comfort

Cup of Clarity

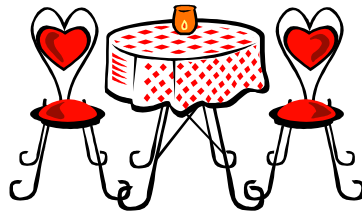
Cup of Courage

*Slowly sift through each ingredient and one at a time
add them into the large bowl we call family.*



Caregiver Café

Caregiver Café



What does Comfort mean to you?

What does Clarity mean to you?

What does Courage mean to you?

you can do something about it now."