

Special Health Services

North Dakota Department of Health

**FV Extended
Learning
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Special Health Services (SHS)

- SHS is a division in the Healthy & Safe Communities Section of the North Dakota Department of Health
- SHS is the designated Title V Children with Special Health Care Needs (CSHCN) program for the MCH Block Grant



Children with Special Health Care Needs



- Children with special health care needs have been defined federally as children with or at risk for chronic physical, developmental, behavioral or emotions conditions who also require health and related services beyond what is needed by children generally.
- This definition includes children with:
 - disabilities
 - chronic illnesses and conditions
 - health related educational and behavioral problems

SHS Mission: Improving Health and Well-being

The mission of the Division of Special Health Services (SHS) is to promote a system of care and services that improves the health and well-being of individuals with special health care needs and their families.



Cross-Cutting Strategies

Implementation strategies that create the foundation of all SHS programs include:

- Care coordination
- Collaboration
- Data-informed decisions
- Information and education



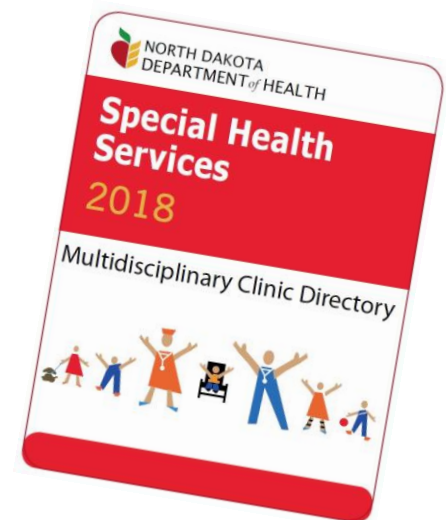
SHS Programs



- Coordinated Services Program
- Financial Coverage Program
- Newborn Screening and Follow-up Program
- Children with Special Health Care Needs System Enhancement Program

Coordinated Services Program

- Metabolic Food (Formula) for individuals with Phenylketonuria (PKU) and Maple Syrup Urine Disease (MSUD)
- Multidisciplinary Clinics (contracted or state administered)
- Cardiac Care for Children



Metabolic Food

SHS provides formula and low-protein modified food products for individuals with PKU and MSUD

PKU

MSUD
METABOLIC DIET

Multidisciplinary Clinics



- Asthma
- Autism
- Cleft Lip/Palate
- Developmental Evaluation
- Diabetes
- Metabolic Disorders
- Myelodysplasia
- Neurodevelopmental Coordinated Care
- Clinics support coordinated management of chronic health conditions
- Any child who might benefit can attend
- Team evaluations are provided
- Reports include recommendations to help direct care
- An annual clinic directory is available



Cardiac Care for Children

- Provides an initial examination by a participating pediatric cardiologist and routine tests for children with cardiac conditions.
- The program ensures comprehensive and coordinated care through linkage and referral to other services and programs, and through care coordination as needed.
- Health care and financial information is available to families and professionals upon request.

Financial Coverage Program

- Diagnostic Testing and Evaluation
- Treatment
- Russel Silver Syndrome





Diagnostic Testing & Evaluation

Diagnostic services promote early diagnosis of SHS-eligible medical conditions. Examinations can be covered until a decision about medical eligibility is reached.

- SHS provides payment for covered services
- Families apply for services at their county social service office
- Families must use qualified providers that participate in the SHS program
- Medical eligibility for diagnostic services is based on a list of approved conditions

Treatment



Treatment services are provided to children with chronic health conditions who meet medical and financial eligibility criteria.

- Medical eligibility for treatment services is based on a list of approved conditions
- Families apply for services at their county social service office
- Financial eligibility for treatment services is 185% of the federal poverty level
- SHS provides payment for covered services
- Families must use qualified providers that participate in the SHS program

Russell Silver Syndrome

- SHS pays for growth hormone treatment and medical food
- To enroll, individuals must have Russell Silver Syndrome and be birth through 18 years of age



SRI

Russell-Silver syndrome (RSS), sometimes called Silver-Russell syndrome (SRS), is a congenital condition. It is characterized by stunted growth and limb or facial asymmetry. Symptoms range over a broad clinical spectrum from severe to so mild that they go undetected. The disorder is caused by very rare genetic defects.

Newborn Screening and Follow-up Program

- Blood Spot
- Hearing
- Critical Congenital Heart Disease



Blood Spot



Newborn screening includes lab testing of all newborn infants for certain genetic/metabolic disorders.

- Screening test only. Confirmatory testing required
- Early treatment can prevent major complications
- A long-term follow-up program is being developed



Hearing

- Newborn hearing screening is not a state mandate for ND, but has been adapted by practitioners as a standard of care
- The goal of newborn hearing screening is to have every baby screened by 1 month, diagnosed by 3 months, and entered into early intervention services by 6 months
- Children who are deaf or hard of hearing should be identified as quickly as possible so that appropriate intervention services can be started
- ND EHDI is North Dakota's Early Hearing Detection and Intervention Program (EHDI) geared towards providing hearing screenings to all newborns in the state before hospital discharge and to refer those identified with a hearing loss to appropriate early intervention services

Critical Congenital Heart Disease



Critical Congenital Heart Disease (CCHD) refers to serious heart defects that need to be fixed early to help prevent other health problems.

North Dakota Century Code states that before discharge of a newborn child born in a hospital with a birthing center, the newborn child must receive a pulse oximetry screening.



Children with Special Health Care Needs System Enhancement Program



- Family Professional Partnership
- Medical Home
- Adequate Health Insurance
- Early and Continuous Screening and Surveillance
- Easy to Use Services and Supports
- Transition to Adult Health Care

Special Health Services (SHS)

SHS Toll-Free Number: 1-800-755-2714

SHS E-Mail: dohcshsadm@nd.gov

SHS Website: <http://www.ndhealth.gov/cshs/>



Newborn Screening & Follow-up Program (NBS)

NBS E-Mail: nbs@nd.gov



NBS Website: <https://nbs.health.nd.gov/>

[NBS Instagram:](https://www.instagram.com/nd_newborn_screening/)

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