

PARENT TRANSITION WORKSHEET

Name:	
Age and DOB:	
Parent Name:	
Date Reviewed:	
MEDICAL	
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My child: ☐ Makes medical appointments	☐ Has adult primary care & specialty doctors
☐ Consents/Assents to medical care	☐ Can describe his/her medical condition
☐ Performs his/her medical care/daily treatments	☐ Talks to doctors alone
Understands about insurance/Medicaid/KidCare coverage	
Refills medications/supplies	
INDEPENDENT LIVING	
As an adult, my child will live with:	
☐ Self with no supports/assistance ☐ Self with supports/assistance ☐ Friends	
☐ Parents ☐ Group home ☐ Other (specify): _	
My child will be able to:	
☐ Care for his/her own personal needs ☐ Care for his/her own personal needs with help	
☐ Unable to provide self care, can direct others ☐ Requires total personal care assistance	
My child's transportation will be provided by (check all that apply):	
☐ Self ☐ Family ☐ Public transportation (bus or taxi) ☐ Medicaid transportation	
Other (specify):	
My child will need transportation for (check all that apply):	
☐ Medical appointments ☐ Shopping ☐ Schoo	I ☐ Work ☐ Recreation
EDUCATION	
I know my child's interests, skills, and strengths in sch	nool Yes No No
I know my child's educational goals on the transition plan Yes No	

I understand my child's education rights (under IDEA, Section 504, ADA) Yes No	
I understand that my child participates in their IEP meetings by age 14 or sooner Yes No	
I am happy with the services that my child receives from school Yes No	
FINANCIAL	
My child can manage by himself/herself (check all that apply): A budget Checking account	
☐ Paying bills ☐ Financial decisions ☐ Savings account	
My child can manage with assistance (check all that apply): A budget Checking account	
☐ Paying bills ☐ Financial decisions ☐ Savings account	
If my child needs some or total assistance with any of these in the future, they will be helped by:	
☐ Family member ☐ Other (please specify)	
EMPLOYMENT/VOCATIONAL TRAINING	
☐ I know my child's interests, skills and strengths for employment and a career	
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My child has prepared/is preparing for work by (check all that apply):	
☐ Household chores ☐ Work/study program ☐ Volunteering ☐ Part-time or summer job	
☐ Job shadowing ☐ Other (please specify)	
After high school, my child will enter:	
Post-secondary school (specify community college, university, or college)	
College/University Disability Services	
☐ Vocational training program (please specify):	
☐ Other continuing education (please specify):	
☐ Supported employment – Full time ☐ Part time ☐	
☐ Full time employment without supports ☐ Part time employment without supports	
☐ Apprenticeship program ☐ Sheltered workshop	
My child has spoken with the following people about employment and vocational training:	
☐ School guidance counselor ☐ Vocational Rehabilitation ☐ Waiver support coordinator	
☐ Other (please specify agency or organization):	
SOCIAL/RECREATION	
My child belongs to (check all that apply): Scouts Sports team School club/activity	
☐ Church organization ☐ Other (specify)	
My child spends time with friends (outside of school or work): Yes No	

I would like my child to have more opportunities for social events and recreation: Yes \(\square \) No	
TRANSITION INFORMATION STILL NEEDED	
☐ Insurance ☐ Adult healthcare ☐ SSI ☐ Medicaid/Waivers ☐ School ☐ Employment	
☐ Independent Living ☐ IDEA, Section 504, ADA rights and responsibilities ☐ Transportation	
☐ Vocational Rehabilitation ☐ Social/Recreation ☐ College/University Disability Services	
☐ Other:	