

RESPITE CARE IN NORTH DAKOTA:

Family Caregiver Support Program

Lifespan Respite Care Grant-Planned, Unplanned and Emergency Respite Service

November 12, 2019

Aging Services Division

- Administers programs and services to enhance the ability of individuals to maintain independence and remain in their own homes and communities.
- Currently have three services to support caregivers
 - Family Caregiver Support Program
 - Lifespan Respite Care Grant
 - Home and Community Based Services (HCBS) Respite Care

Family Caregiver Support Program

- Purpose:
 - Offers services for family caregivers to address challenges related to providing 24-hour care
 - Supports caregivers to continue their caregiving role
 - Supports caregivers to take care of themselves so the care recipient can remain in the least restrictive environment

Family Caregiver Support Program Eligibility

- Family caregivers age 18 and older who are caring for individuals age 60+ who reside with the care recipient (24-hour care)
- Grandparents & relative caregivers age 55 and older who care for children age 18 or younger
- Parents or other relative caregivers providing care for an adult with a disability between ages of 19 & 59
- Individuals 18 and older caring for a person with Alzheimer's Disease or related dementia, regardless of age of person with dementia
- No means testing or fee for services, but participants are offered the opportunity to contribute

Family Caregiver Support Program Service Categories

- Information & assistance
- Case management
- Funding for services
 - Counseling – up to 4 sessions/enrollment period
 - Training – assist caregiver in becoming a more confident caregiving
 - Support Groups
 - Respite Care Services – amount individualized for each caregiver
 - Supplemental Services – incontinent products or assistive devices

Home and Community Based Services

Respite Care

- HCBS Eligibility
 - Primarily serve older individuals and individuals with physical disabilities
 - Recipients must meet both functional and financial eligibility
 - May have a client cost share based on income
- HCBS Respite Care
 - Provides temporary relief to the individual's primary care provider from the stresses and demands associated with constant care or in an emergency
- HCBS Respite Care is available under these funding sources
 - Service Payments for Elderly and Disabled (SPED)
 - Expanded Service Payments for Elderly and Disabled (Ex-SPED)
 - HCBS Medicaid Waiver

Lifespan Respite Care Grant

- \$200,000 grant
- 3-year grant
- Goes through August 31, 2020
- Serves family caregivers regardless of the age of the care recipient
- North Dakota Respite Coalition formed to assist with the implementation of the grant

Lifespan Respite Care Grant Update

- Major Objectives
 - Increase awareness of existing respite services and resources for caregivers
 - Streamline access to respite services through expanded use of the ADRL <https://carechoice.nd.assistguide.net/>
 - Explore opportunities to provide education and training on caregiving and respite care for all ages, particularly in rural and underserved areas
 - Develop a voucher system to provide emergency respite services

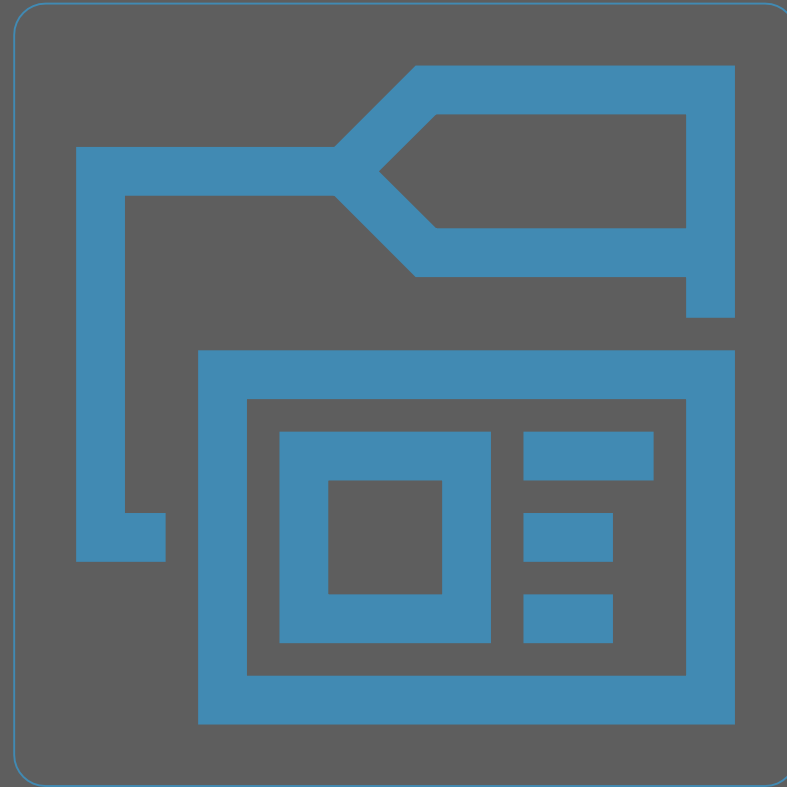
Awareness of existing respite and resources

- Continuing to gather information for ADRL database
- Conducting public education via presentations
- Developing a respite fact sheet/brochure
- Producing a video on the importance of respite



Streamline access to respite by expanding ADRL

- Developed caregiver resource section
- Added information about services for children and other special needs populations
- Improved website design and functionality



HOME

CAREGIVER SUPPORT

SERVICES ▾

QUICK LINKS

CONTACT US

ADRL - WHO WE ARE

The ADRL connects people to services to help them maintain or improve their quality of life.

Toll Free: 1-855-462-5465 | ND 711 (TTY)

Contact Us

CAREGIVER SUPPORT



FIND A SERVICE



QUICK LINKS

HELPFUL
TIPS

CONTACT US



Educational opportunities for caregivers

Contract with
NDSU Extension
to provide
Powerful Tools
for Caregiver
classes to
caregivers
across lifespan

Contract with
Family Voices to
provide Parent
to Parent
trainings across
ND

Aging staff and
Coalition
members have
conducted
several public
presentations at
conferences,
meetings and
other public
events

North Dakota
Lifespan Respite
Summit
June 2019

Lifespan Respite Voucher Program

- Launched Emergency Respite Voucher Program March 2019
- *The purpose of the Lifespan Emergency **Respite** Care Grant Service is to offer the funding and resources to support caregivers of children with special needs or of adults who have an urgent need for respite care in the absence of any other funding sources.*
- 15 applications received and \$13,000 requested

Lifespan Respite Voucher Program

- **Caregiver:** Individuals over the age of 18, including family members and foster parents, providing unpaid care to adults regardless of age or the type of disability who need care to meet basic daily needs, or to children who require care beyond that required to meet their basic needs
- **Care Recipient:** An adult, regardless of age or type of disability, who needs care or supervision to meet basic daily needs, or to children who require care or supervision beyond that required to meet their basic needs
- **Provider:** An organization, facility, or individual which provides respite care services. A provider may be a family member who does not reside with the care recipient, a friend, a neighbor as chosen by the caregiver/care recipient/legal representative

Lifespan Respite Voucher Program

- Meet definition of caregiver
- Caregiver does not have access to other funding sources or is on a waiting list for available services
- Lives with the care recipient
- If the primary caregiver does not live with the care recipient, they must be providing frequent on - site visits throughout the day which are essential to assure the care recipient is safe and healthy
 - Example: the care recipient would be unable to get out of bed, prepare a meal, etc., in the absence of the caregiver
- *Application for funding must be submitted by agencies*

Lifespan Respite Voucher Program

- Respite is capped at \$1050.00 per caregiver/family per grant year (September 1 through August 31)
- Non-institutional respite care is capped at the daily swing-bed rate regardless of whether an overnight stay is included (Currently \$269.26 per day)
- Providers must charge their usual and customary rate
- Department of Human Services may grant approval to exceed the service cap if the caregiver/care recipient has special or unique circumstances

Lifespan Respite Care Grant: Planned, Unplanned and Emergency Respite Service

- Change policy to include planned, unplanned and emergency respite
- Effective 10/1/2019
 - The purpose of the Lifespan Respite Care Grant Service is to offer the funding and resources to support caregivers of children with special needs or of adults who have a need for respite care in the absence of any other public funding sources.
- The need for respite care services may result from but is not limited to the following circumstances:

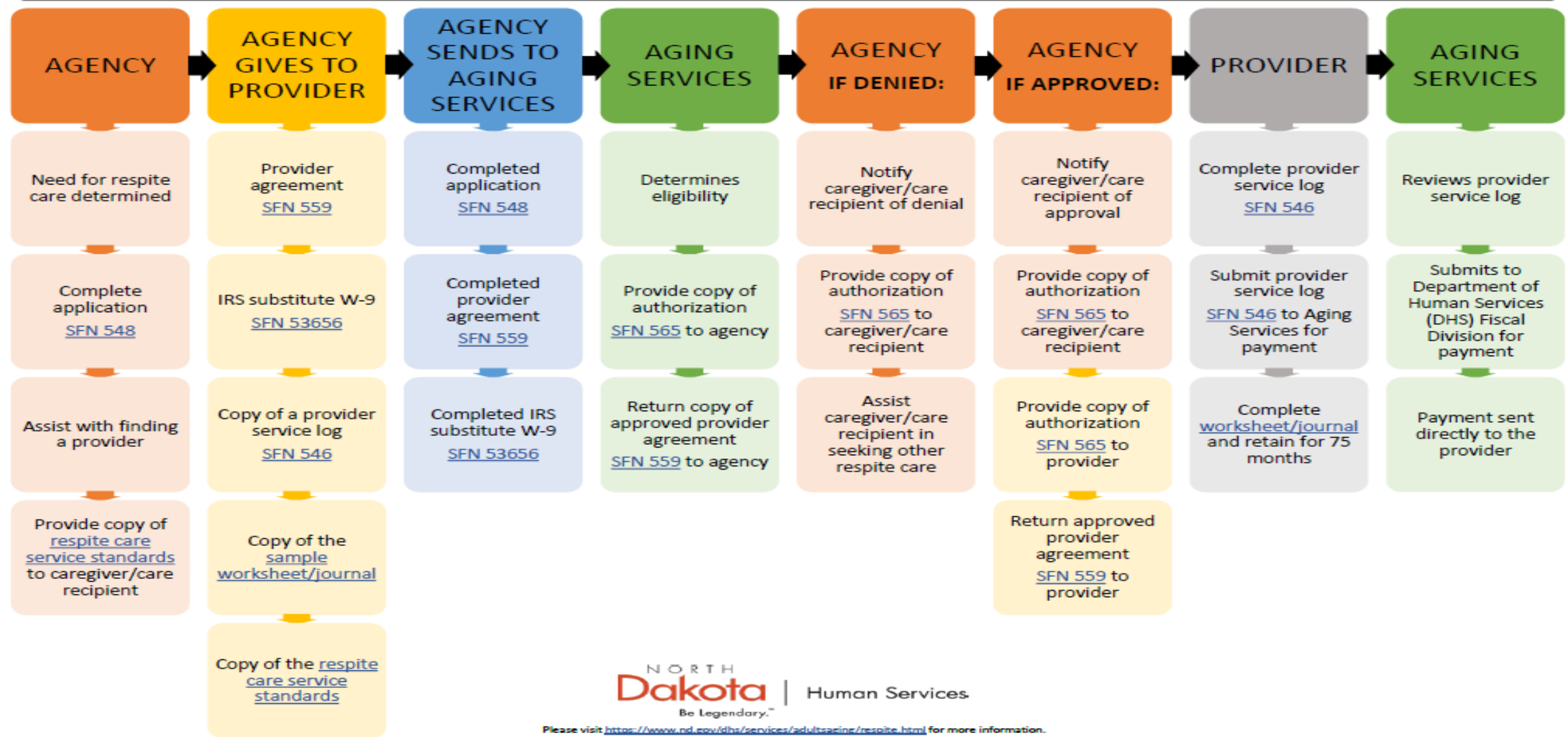
Lifespan Respite Care Grant: Planned, Unplanned and Emergency Respite Service

- Caregiver illness (physical, mental, emotional);
- Caregiver medical appointments;
- Caregiver hospitalization;
- Caregiver death;
- Illness of a loved one;
- Funeral/wake;
- Waiting for approval for other respite funding sources;
- Substance use disorder;
- Fire/weather damage to caregiver/care recipients' home;
- Caregiver/care recipient conflict;
- Abuse/neglect prevention;
- Risk of loss of employment.

Lifespan Respite Care Grant: Planned, Unplanned and Emergency Respite Service

- Requests for respite will only be accepted from agencies/professionals working with caregivers and care recipient
- Aging Services can not accept requests directly from individuals, i.e. caregivers, care recipients, family, etc.
- Lifespan Respite Care Grant Applications should be submitted to carechoice@nd.gov
- Electronic signatures are allowed

NEED FOR RESPITE CARE IS DETERMINED BY THE AGENCY



Are you a family member or another adult providing ongoing, unpaid care for an adult or child with a special need?

If you experience an emergency or have a planned/unplanned event or crisis, there may be funding to assist with the cost of

RESPIRE CARE

Lifespan Respite Care Grant Service may offer funding for a short break for family caregivers who are experiencing events such as:

- Caregiver illness (physical, mental, emotional), hospitalization or death
- Illness of a loved one
- Ongoing medical care such as scheduled cancer treatments
- Medical appointments that require time away
- Funeral/wake
- Substance use disorder
- Fire/weather damage to caregiver/care recipient's home
- Caregiver/care recipient conflict
- Abuse/neglect prevention
- Risk of loss of employment



Contact a case manager, agency provider, or a professional who works with you and your loved one for assistance in applying for the respite care funding. They may contact the ADRL at 855-462-5465 to assist you in connecting to this service.

NORTH
Dakota
Be Legendary.™

| Human Services

Are you working with a family member or another adult providing ongoing, unpaid care for an adult or child with a special need?

Are they experiencing an emergency or planned/unplanned event or crisis?

There may be funding to assist with the cost of

RESPITE CARE



Lifespan Respite Care Grant Service may offer funding for a short break for family caregivers who are experiencing events such as:

- Caregiver illness (physical, mental, emotional), hospitalization or death
- Illness of a loved one
- Ongoing medical care such as scheduled cancer treatments
- Medical appointments that require time away
- Funeral/wake
- Substance use disorder
- Abuse/neglect prevention
- Fire/weather damage to caregiver/care recipient's home
- Caregiver/care recipient conflict
- Risk of loss of employment



Contact the **Aging and Disability Resource Link (ADRL)** to connect to this service.

- Call **855-462-5465**
- Email **carechoice@nd.gov**

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Human Services

Lifespan Respite Care Grant: Planned, Unplanned and Emergency Respite Service

- carechoice@nd.gov
- 855-462-5465
- Department of Human Services
Aging Services Division
1237 W Divide Avenue-Suite 6
Bismarck, ND 58501

Link to the Service Standards and forms is available at

<https://www.nd.gov/dhs/services/adultsaging/>