



**Shriners Healthcare**  
for Children™ — Twin Cities

# ***Shriners Healthcare for Children™ — Twin Cities***

Because ALL Children Deserve High-  
Quality Care Regardless of Ability to Pay



# At a Glance

## Background

- **95-year-old** organization, founded in 1922
- Network of **22 healthcare facilities** specializing in pediatric orthopedics, burn care, cleft lip & palate and spinal cord injuries.



## Our Mission

- To provide the highest quality medical and surgical care to children with orthopedic needs within a compassionate, family-centered and collaborative care environment.
- To provide the highest quality care ***without regard to the ability of a patient or family to pay.***

## Accepting Insurance

- Accepting most major insurance carriers, including Medicaid.
- ***No insurance? No problem!***



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# Our Service Area



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# Conditions Treated

## Foot and ankle disorders

- Bunions
- Cavus feet
- Club foot / talipes equinovarus (pre-postnatal)
- Congenital foot deformities
- Pes planus (flat feet)
- Tarsal coalition
- Toe walking
- Vertical talus

## Hand and toe disorders

- Constricting bands of digits, arms and toes
- Supernumerary digits
- Polydactyly and syndactyly of digits

## Muscular/neuromuscular disorders

- Cerebral palsy/encephalopathy
- Charcot-Marie-Tooth
- Spinal muscular atrophy
- Muscular dystrophy
- Myelodysplasia (spina bifida)

## Hip, knee and leg disorders

- Genu valgum / varum
- Hip dysplasia
- Intoeing
- Legg-Calve-Perthes disease
- Leg length discrepancy
- Osgood-Schlatter disease
- Slipped capital femoral epiphysis
- Trauma reconstruction



# *Conditions Treated Cont.*

## **Rheumatology**

- Dermatomyositis
- Juvenile idiopathic arthritis
- Lupus
- Osteogenesis imperfecta
- Scleroderma

## **Spinal disorders**

- Congenital spine disorders
- Kyphosis/lordosis
- Scoliosis
- Spondylosis and spondylolisthesis
- Tethered cords

## **Special orthopaedic disorders**

- Arthrogryposis
- Bone lesions (no oncology)
- Limb deficiency – upper and lower extremity prostheses
- Metabolic bone disease (rickets)
- Skeletal dysplasia

## **Shoulder disorders**

- Brachial Plexus

## **Specialized plastic surgery**

- Birthmarks
- Breast reduction
- Ear reconstruction
- Hemangioma
- Burn scar releases (no acute burn care)

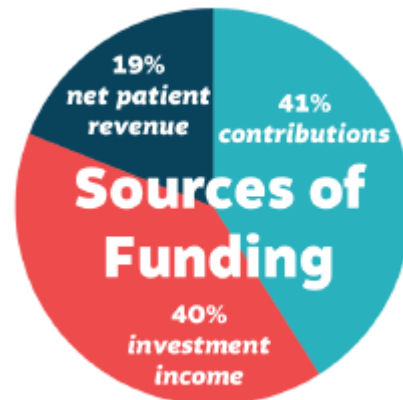
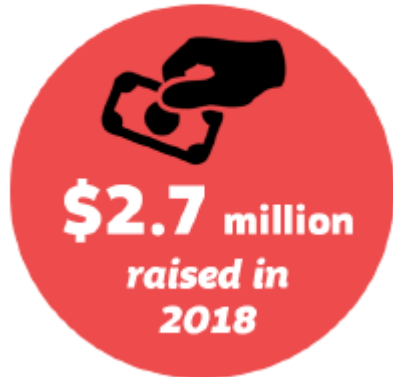




## 2018 By the Numbers



## 2018 Giving



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# ***Meet our Doctors***

# *Dr. Christopher Vara*

## *Pediatric Spine Clinic*

- Fellowship trained pediatric orthopaedic surgeon
- Specializes in treatment of:
  - Adolescent scoliosis
  - Congenital scoliosis
  - Early onset scoliosis
  - Limb deficiencies
  - Spina bifida
  - Orthopaedic trauma



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# *Dr. Michael Priola*

## *Pediatric Sports Medicine Clinic*

- Fellowship trained pediatric orthopaedic surgeon
- Specializes in treatment of:
  - Sports related injuries: Shoulder, knee, ankle
  - Conditions of the spine
  - Cerebral palsy
  - Foot deformities



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# ***Our Services***

# *Outpatient Clinic*

- Multidisciplinary Team Approach
- Specialty Clinics
- Family Centered
- Between 5,500-7,000 patients/year



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# *Surgical Services*

Shriners Healthcare for Children –  
Twin Cities surgeons perform  
surgery at a local children's hospital  
in the Twin Cities.



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# *Child Life: Creating an Environment Where Kids can be Kids*



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# Camps

*Camp Splash*



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# Rehabilitation Services

## Physical Therapy

- Movements of the lower extremities
- Large motor skills
- Sports rehab
- Scoliosis Specific Exercise

## Occupational Therapy

- Movements of the upper extremities
- Fine motor skills
- Adaptive equipment to aid with daily activities
- Hand splints





# *Adaptive Equipment*



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# *Scoliosis Specific Exercise (SSE)*



- Combination of cognitive, sensory-motor and kinesthetic training
- Exercises that will help facilitate corrections to posture
- Intense, daily exercises



# *Orthotics and Prosthetics (POPS)*



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# Custom Devices



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# 3D Scanner & Carver



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***Exciting News***



# *We're moving!*



## *Now seeing patients at outreach clinics in:*

- Bismarck, ND
- Boystown, NE
  - telehealth also available
- Rapid City, SD







## Monthly Mugs

Education Brewed for the  
Health Care Community

### Dates

#### Management of Orthopaedic Injuries on the Playground

*Rebecca Rouse, PT, DPT*

January 15  
7:30 a.m - 8:15 a.m. (CST)

#### Common Pediatric Orthopaedic Conditions: Is Treatment Needed? Part I

*Allyce Fisk, PA-C*

February 19  
7:30 a.m - 8:15 a.m. (CST)

#### Common Pediatric Orthopaedic Conditions: Is Treatment Needed? Part II

*Mary Aschenbrener, PA-C*

March 18  
7:30 a.m - 8:15 a.m. (CST)

**Register today!**

<https://monthlymugs-registration.eventbrite.com>

### Objectives



**Treat** yourself to education from a  
robust group of SHC — Twin Cities  
providers



Engage in **bold** topics,  
applicable to your patients



Create **strong** connection in our  
healthcare community



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# *Scheduling or Referring is Easy!*

Intake phone  
**612-596-6105**

Intake fax  
**612-596-6102**

[intaketc@shrinenet.org](mailto:intaketc@shrinenet.org)



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***Thank You***

