



## PROVIDING SERVICES TO ADOPTIVE AND GUARDIANSHIP FAMILIES

The North Dakota Post Adopt Network is a service of the Adults Adopting Special Kids (AASK) program that provides support to families who have adopted from foster care, families who have adopted internationally or domestically, and to families who provide guardianship to a child in their home.

The Post Adopt Network is a voluntary service free of charge to children and families in all areas of North Dakota. Life after adoption or guardianship comes with great joy and happiness, but can also bring many challenges. Our team is prepared to support and connect you with those who understand the unique circumstances of parenting through adoption or guardianship.

## ND POST ADOPT NETWORK SERVICES ARE FREE!

The North Dakota Post Adopt Network offers many services personalized to each family's circumstances. The program provides family centered interventions to empower and strengthen families to become self-sufficient in their communities. Services provided include:

- Post-Finalization Welcome and Follow Up
- Information and Referrals
- Educational Opportunities
- Support Groups
- Short Term Services (assistance with birth family contact, tribal enrollment, etc.)
- Planned Activities for Parents and Kids
- Weekend Camps and Retreats
- Parent-to-Parent Mentorship
- Respite Grant Funds
- Assessment
- Supportive Case Management Services

The primary goal of the North Dakota Post Adopt Network is to maintain and enhance adoptive and guardianship families' well-being by providing a network of supportive and responsive resources.

## OUR POST ADOPT COORDINATORS ARE HERE TO SUPPORT YOU. YOU ARE NOT ALONE!

### FAQ's From Parents

- How can I safely build relationships with my child's birth family?
- Is it normal to feel overwhelmed?
- How do we help our extended family understand our parenting styles?
- Where do we find support groups in our area?
- Where do we find training on topics that relate to our family situation?
- I just want to talk to someone who gets it. Can you hear me out?

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Follow us on Facebook; 'ND Post Adopt Network'

Check out our website for resources, information, and events!

[www.ndpostadopt.org](http://www.ndpostadopt.org)