Preparing Your Child for College: What Parents Can Do

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Students in ND Have Options for College

Advancing Students Toward Education and Employment (ASTEP) at Minot State University

Action and Support to Promote Inclusive Readiness Experiences (ASPIRE) at Dakota College at Bottineau

Transition and Access Program (TAP) at North Dakota State University Preparing for College Starts with High Expectations

- High expectations have a greater impact than the student's disability or skills.
- Parents need to believe that college is possible and that their sons and daughters will be successful in college

Supporting College Readiness at Home

- Start early
- Allow voice and choice
- Support your son or daughter to take chances and make mistakes
- Advocate for inclusion everyone can be included with adequate support
- Make employment an expectation
- Enlist natural supports
- Share success stories

Supporting College Readiness at Home

Self-Determination

Academics

Employment

Independent Living

Recreation/Leisure

Self-Determination

- Understanding their disability condition
- Identifying strengths
- Making choices and decisions
- Learning self-advocacy skills

Academics



Taking college preparation classes



Learning study skills



Using a planner/calendar



Managing time

Employment

- Doing chores at home
- Having a classroom job
- Completing job shadowing or work experiences

Independent Living

Ørooming and hygiene

Laundry

Cleaning and maintaining living space

 \aleph Preparing snacks and simple meals

Budgeting

Using public transportation

Health and safety

Recreation and Leisure

- Participating in extracurricular activities and clubs
- Attending music, theater, and sporting events
- Participating in fitness activities
- Engaging in activities during free time (e.g., hobbies, playing games, reading, etc.)

Using the IEP as a tool to prepare for college Including college readiness goals and objectives on the IEP

Goal Examples

- Sara will use online resources to find a college program that supports her career interests.
- Liam will take at least three college preparation classes each semester.

Technology

- Texting
- Calling
- Electronic calendar
- Laptop
- Email
- Apps for learning
- Read/Write
- Other



Paying for College

Possible Funding Sources

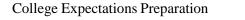
- Vocational Rehabilitation
- Medicaid Waiver Funds
- Scholarships
- Federal Student Aid
- Veteran's Benefits
- ABLE Accounts

Parents' Perspectives on Preparing for College Success

Janice Kern

Roxane Romanick

Resources



https://thinkcollege.net/resource/preparing-for-college/college-expectations-preparation

Difference Between High School and College

146_diffbetweenhsandcoll.pdf (thinkcollege.net) and HTTC_03_Understanding_Difference_HS_and_College.pdf (thinkcollege.net)

Foundational Skills for College and Career Learning Plan

foundational skills 7 6 17mbdt.pdf (thinkcollege.net)

Paying for College

Paying for College | Think College https://thinkcollege.net/sites/default/files/files/resources/IB53_Paying%20for%20College_R.pdf

Student Corner

Student Corner | Think College

Students Can Think College

students can F2_918.pdf (thinkcollege.net)

Teachers Can Think College

teachers_can_F_918.pdf (thinkcollege.net)

Think College! Public Awareness:

Think College! Public Awareness | Think College

Transitioning to College – Tips for Parents

48_tip for parents transitioning to college.pdf (thinkcollege.net)

Contact Us

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