

Preparing Your Child for College: What Parents Can Do

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Students in ND Have Options for College

Advancing Students
Toward Education and
Employment (ASTEP)
at Minot State
University

Action and Support to
Promote Inclusive
Readiness Experiences
(ASPIRE) at Dakota
College at Bottineau

Transition and Access
Program (TAP) at
North Dakota
State University

Preparing for College Starts with High Expectations

- High expectations have a greater impact than the student's disability or skills.
- Parents need to believe that college is possible and that their sons and daughters will be successful in college

Supporting College Readiness at Home

- Start early
- Allow voice and choice
- Support your son or daughter to take chances and make mistakes
- Advocate for inclusion – everyone can be included with adequate support
- Make employment an expectation
- Enlist natural supports
- Share success stories

Supporting
College
Readiness at
Home

Self-Determination

Academics


Employment

Independent Living

Recreation/Leisure



Self- Determination

- Understanding their disability condition
 - Identifying strengths
 - Making choices and decisions
 - Learning self-advocacy skills
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Academics



Taking college preparation classes



Learning study skills



Using a planner/calendar



Managing time

Employment

- Doing chores at home
- Having a classroom job
- Completing job shadowing or work experiences

Independent Living



Grooming and hygiene



Laundry



Cleaning and maintaining living space



Preparing snacks and simple meals



Budgeting



Using public transportation



Health and safety

Recreation and Leisure

- Participating in extracurricular activities and clubs
- Attending music, theater, and sporting events
- Participating in fitness activities
- Engaging in activities during free time (e.g., hobbies, playing games, reading, etc.)

Using the IEP as a tool to prepare for college

Including college readiness
goals and objectives on the
IEP

Goal Examples

- Sara will use online resources to find a college program that supports her career interests.
- Liam will take at least three college preparation classes each semester.

Technology

- Texting
- Calling
- Electronic calendar
- Laptop
- Email
- Apps for learning
- Read/Write
- Other



Paying for College

Possible Funding Sources

- Vocational Rehabilitation
- Medicaid Waiver Funds
- Scholarships
- Federal Student Aid
- Veteran's Benefits
- ABLE Accounts

Parents'
Perspectives on
Preparing for
College Success

Janice Kern

Roxane Romanick

Resources

College Expectations Preparation

<https://thinkcollege.net/resource/preparing-for-college/college-expectations-preparation>

Difference Between High School and College

[146_diffbetweenhsandcoll.pdf \(thinkcollege.net\)](#) and [HTTC_03_Understanding_Difference_HS_and_College.pdf \(thinkcollege.net\)](#)

Foundational Skills for College and Career Learning Plan

[foundational skills 7_6_17mbdt.pdf \(thinkcollege.net\)](#)

Paying for College

[Paying for College | Think College](#)

https://thinkcollege.net/sites/default/files/files/resources/IB53_Paying%20for%20College_R.pdf

Student Corner

[Student Corner | Think College](#)

Students Can Think College

[students_can_F2_918.pdf \(thinkcollege.net\)](#)

Teachers Can Think College

[_teachers_can_F_918.pdf \(thinkcollege.net\)](#)

Think College! Public Awareness:

[Think College! Public Awareness | Think College](#)

Transitioning to College – Tips for Parents

[48_tip_for_parents_transitioning_to_college.pdf \(thinkcollege.net\)](#)



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